

This Sunday



Minister: Steve Mann

8 Roundridge Road **Capel St Mary IP9 2UG** 01473 311178 07891 586612

Sunday 13th July and Online Streaming from 10.15am 10 30 am



Speaker - Nick Keen Worship led by Jon Sharp

Next **Sunday**

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Sunday 20th July In Church 10 30 am

and Online ning from 10.15am



Speaker - Pauline Bailey Worship led by Clare Bramhill

Worshipping God Building Faith Transforming our community

Website: www.capelmethodistchurch.org.uk Email: stewards@capelmethodistchurch.org.uk minister@capelmethodistchurch.org.uk

<u>What's On</u>	
<u>July 2025</u>	
Weekly activities	
Mondays	Youth Cell 6.30pm
Tuesdays	Pilates 7.00pm & 8.15pm
Wednesdays	Busy Bees 9.30-11.30am
Fridays	Pilates 8.30am & 9.45 am Aerobics 11.00am
Other Dates	
Sun 13 th	10.30am Worship with Nick Keen MAF
	4.00pm Circuit Service at Capel Methodist
Mon 14 th	Leadership Meeting 10.00am
	2.00pm Dementia Café in the Library
	Open the Bible, Capel School
Sun 20 th	10.30am Worship with Rev Pauline Bailey
	Church Lunch
Tues 22 nd	Network
Wed 23 rd	7pm Men's Group BBQ at Iain Bramhill's house
Sun.27 th	10.30am Worship with Rev Steve Mann
	Communion
	6.30pm United Prayer Time
Mon. 28 th	2.00pm Dementia Café in the Library
Thurs. 31 st	Luncheon Club
Aug 2025	
Sat. 2 nd	Prayer Breakfast 8.30am at the Manse
Sun. 3 rd	10.30am Worship with Margaret Gooderam

Screwball Rally 2025

We would appreciate your generous support by clicking on the link below to take you to our Justgiving page - wish us luck and thank you in anticipation!

https://www.justgiving.com/page/thomas-bramhill-2?newPage=true

A PRAYER REQUESTS

Please pray for: Those who are not well

🔥 Alan Barnes is doing well at home. He is thankful for your prayers

Å Jean and Gordon and family

A Emma Bowyer - please pray for healing of her very painful knee, especially for her upcoming 'virtual triathlon' in aid of NDI

- Please continue to pray for Calum and his mother Mary
- Pray for those members who are confined to their home or care home and not able to join in fellowship with us at Church **Bette, Nick**.

Continue to pray for our Young People's work

Youth Cell with Jill & Jon on Mondays evenings

Live Wires on Sunday mornings

Busy Bees on Wednesday mornings

Open the Bible Next one is this week, Tues 15th July. And then after the school holidays in September.

Please pray for the children moving on from Primary to Secondary School and for those going from Busy Bees to Nursery or Primary School in September.

Messy Church Next one after school holidays in September.

The Men's Group

will meet on Wednesday, 23rd. July at 7pm. Iain Bramhill will be hosting a barbecue at his home in Hadleigh.

KIRTON GARDEN CAFE

Every Tuesday from 24th June to 26th August. 10am to 1pm.

Drinks, cakes, Music from 11am.

Children's activities during school holidays.

IP10 ONT All Welcome.

Homegroups

If you would like to join a church homegroup please contact Stephen Durrant for more details. They meet at the following times

Wednesday 7.30pm, Thursday 7.30pm (2 groups)

July 13th 4pm Circuit Service at Capel

Capel will be hosting this service and Rev Helen Hollands, the new District chair, will be preaching. I am co ordinating the arrangements for refreshments. I would be very pleased to have some help serving teas and coffees, or something cooler if the heatwave continues, after the service. I would also love to have some offers of cakes, home made biscuits, scones.

Many thanks in anticipation. Judy

Open House

at

Hilary and David Phillippo's

34 Thorney Road

On Saturday 26th July

between 10am and 12 noon, or 2pm and 4pm.

Please come and join us for a hot drink and some cake to help us celebrate the first anniversary of our move to Capel !

Any donations will be shared between New Dawn India and the Alzheimer's Society.

Network

Our next meeting will be our summer strawberry tea party, hopefully in the church garden. It will be on July 22nd - the 4th Tuesday rather than the 3rd Tuesday this time, as 2 of our members are away on 15th. Offers of help with teas, coffees and baking items would be much appreciated. Judy

CHURCH LUNCH SUNDAY 20th July

You are invited to stay for a simple lunch after the morning service.

Menu— lasagne and salad. Ice cream.

Cost- donations around £5.00.

An opportunity to get together and chat, hopefully in the garden!

Please sign up on the list on the notice board or tell

Alyson (<u>Alyson.ellis@gmail.com</u>) by Wednesday 16th July at the latest.

Live Wires

There won't be a Live Wires session this week due to a shortage of teachers available.

There will be Live Wires on July 13th and 20th before we break for the summer.