



**4 May 2025**

Minister: Steve Mann

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**This Sunday**



**Unlikely Heroes**

Sunday 4<sup>th</sup> May  
10 30 am


In Church  
and Online  
*Streaming from 10.15am*

*Ehud - Courage in God's strength*

Speaker *Stephen Bolton*  
Worship led by *Karen Mann*



**Next  
Sunday**




**Unlikely Heroes**

Sunday 11<sup>th</sup> May  
10 30 am

In Church  
and Online  
*Streaming from 10.15am*

*Nicodemus - Hidden faith?*

Speaker *Paul Law*  
Worship led by *Jon Sharp*



Worshipping God

Building Faith

Transforming our community

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## What's On

### May 2025

#### Weekly activities

Mondays	Youth Cell 6.30pm
Tuesdays	Pilates 7.00pm & 8.15pm
Wednesdays	Busy Bees 9.30-11.30am
Fridays	Pilates 8.30am & 9.45 am Aerobics 11.00am

#### Other Dates

Sat 3rd	Prayer breakfast 8.30am at the Manse
<b>Sun 4th</b>	<b>10.30am Worship with Stephen Bolton</b>
<b>Sun 11th</b>	<b>10.30am Worship with Paul Law</b>
Mon 12th	Leadership Meeting 10.00am 2.00pm Dementia café in the Library
Tues 13th	2.00pm Knit and Natter at 1 Letton Close
<b>Sun 18th</b>	<b>10.30am Worship with Ruth Loggie</b>
Tues 20th	Network 3.00pm Open the Bible at School
Wed 21st	Men's meal at the Manse. 7pm for 7.30pm
Sat 24th	New Dawn Cake and Plant Sale 10.00-1200
<b>Sun 25th</b>	<b>10.30am Worship with Rev Steve Mann</b> <b>With Communion</b> 6.30pm United Prayer Time at St Mary's
Mon 26th	2.00pm Dementia café in the Library
Thurs 29th	Luncheon Club
<b>June 2025</b>	
<b>Sun 1st</b>	<b>10.30am Worship with Matthew Henderson</b>
Sat 7th	Prayer Breakfast 8.30am at the Manse 3.30pm Messy Church

### **Homegroups**

If you would like to join a church homegroup please contact Stephen Durrant for more details. They meet at the following times

Wednesday 7.30pm, Thursday 7.30pm (2 groups)



## **Church Family Away Day**



Put the date in your diaries.

When: **Saturday 14<sup>th</sup> June**

Where: **Elmsett Methodist Church**

Theme: **Lost and Found**

A relaxed time of Teaching and Fellowship

A chance to catch up with people.

No charge except for food



Please sign up by **Sunday 11<sup>th</sup> May**:

Add you name to the poster on the noticeboard!

## **NewDawn India Spring Plant and Cake Sale and Coffee Morning**

This will be held on **Saturday 24<sup>th</sup> May** from 10.00 till 12 noon at Capel Methodist Church. As usual, any donations of plants, and cakes for the cake stall would be very much appreciated. If possible, please provide a list of your cake ingredients for allergen purposes.

Plants and Cakes should be brought to church on the morning, but we could arrange to collect them if that would be easier for you. Please just let us know.

Thank you in advance for your support.

NDI Trustees

Calum is swimming 22 miles in 12 weeks, please he is raising money for the Diabetes UK <https://swim22.diabetes.org.uk/fundraising/calum2026>

If you would like to sponsor him towards his goal, that would be amazing.

Jordan Dyes-Youpa



## PRAYER REQUESTS



**Please pray for:** Those who are not well



**Alan Barnes**



**Jean and Gordon and family**



**Stephen Durrant** His surgery (partial knee replacement) on Monday 28th April went well and Stephen was home on Tuesday. He is improving daily with exercises and pain control. Please continue to pray for full recovery .

- Please pray for **Calum**.
- Pray for those members who are confined to their home or care home and not able to join in fellowship with us at Church - **Bette, Nick**.

**Continue to pray for our Young People's work**

**Youth Cell** with Jill & Jon on Mondays evenings

**Live Wires** on Sunday mornings

**Busy Bees** on Wednesday mornings

**Open the Bible** in Capel Primary School. Next one on 20th May 2025

**Messy Church** next one on 7th June 2025